	updated January 200			
OPERATIVE TIME: 3-4 hours	USUAL LOCATION: Pres Day Surgery			
FREQUENCY: rare, 2-4 per year	ASSISTANT: Yes, Gwen			
ICD9 CODE: V50.1 Elective Cosmetic	CPT CODE: 15836 Arm Lift, 15878 Liposuction Arms			
ANESTHESIA NOTES	GA. Patient supine, consider fluid warmer Start IV on arm, then change to foot. IV, pulse oximeter and BP to foot			
PATIENT POSITION SETUP <u>see diagram</u>	Supine, [2-4] armboards, [1-2] on each side. Methylene blue tattoo setup. Foley catheter, Plexi-pulses or Sequentials <u>Bucks traction set up</u> : Molded plastic holders, Kerlix, ABD 4" sterile Ace wraps. <u>Orthopedic shoulder holder</u> attaches to bed, 10lb, 4lb weights Standard, pillow under knees			
TABLE POSITION				
ROOM SETUP	All equipment to foot of bed: Lipo machine, Bair, Plexipulse, Bovie			
EQUIPMENT and SPECIALS	Digital scale, flow sheet Orthopedic shoulder holder and molded plastic mitts Bucks traction setup Lower body Baer hugger [2] light sources			
LIPOSUCTION [OPTIONAL]	Liposuction machine, tubing [2] pressure bags at head of table for tumescent Solution "A" - 2 liters			
PREP	Prep both arms and chest at same time [2] mayo stand covers, [5] medium sheets, reinforced, [2] packs sticky drapes, [2] 1000 drapes			
DRAPING				
CAUTERY	Bovie 30/30 pure with silver tip with Saf-T-Vac			
SUCTION	[2] suctions: Saf-T-Vac and Yankauer			
SOLUTIONS IRRIGATION	Normal saline [3] liters			
	[2] 20cc syringes, [2] long Quincke 22g spinal needles			
LOCAL ANESTHETIC	Solution "C" - 200cc Mix solution "A" for liposuction			
MEDICATIONS	Methylene blue and Sharpie for marking before prep Bacitracin ointment 2 oz Ancef 1 gm for anesthesia			

SETS TO OPEN	Special plastic, lipo cannula set [optional], 4mm and 5mm only						
	Extra saline basin						
INSTRUMENTS USED (ON MAYO	O STAND)						
FORCEPS	01, 03, long adson brown						
	curved Mayo serrated, str Mayo, str Metz						
NEEDLE HOLDERS	[2] crile-wood, [2] mayo-hagar,						
RETRACTORS	[2] large facelift						
KNIFE BLADES	[2] No. 10						
LIPO CANNULAS [optional]	Hunsdadt infiltration handle and cannulas Liposuction cannulas , 4mm and 5mm						
OTHER							
STERILE SUPPLIES	[4] marking pens						
	[2] Asepto syringes Magnetic pad						
SPONCES	Magnetic pad						
	[4] laps						
NON-STERILE SUPPLIES	[2] pressure bags for tumescent solution No Type SN status				4		
	[4]	Type 2-0 Vicryl CT1	J259	sta	hold		
SUTURES	[4]	3-0 Vicryl SH	J416	open	noiu		
•	[4]	2-0 Monocryl CT1	Y945	open			
•	[4]	4-0 Monocryl PS2	Y426	open			
•	[2]	3-0 Nylon PS1	1663		hold		
•	[2]	5-0 Vicryl P3	J493		hold		
•	[4]	5-0 Plain P3	686		hold		
DRAINS	[2] 15	fr Jackson Pratt drains with co	onnectors a	nd bulbs	- HOLD		
DRESSINGS	· · ·						
DRESSINGS							
	[2] 4"						
	[2] Ke						
	_ [∠] sai	ety pins					
POSTOPERATIVE							
NOTES							
COMMENTS DIAGRAM							
SEE ALSO, SAME AS							
DATE MODIFIED	August	2007, January 2009					
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BRACHIOPLASTY SETUP DIAGRAM

