

Chronic Illness Benefit medicine list (formulary) 2018

Who we are

LA Health Medical Scheme (referred to as 'the Scheme'), registration number 1145, is a non-profit organisation, registered with the Council for Medical Schemes.

Discovery Health (Pty) Ltd (referred to as 'the Administrator'), is a separate company and an authorised financial services provider (registration number 1997/013480/07). We take care of the administration of your membership of the Scheme.

Contact us

You can call us on **0860 103 933** or visit www.lahealth.co.za for more information.

Important information you need to know

We may change the information contained in this document from time to time. We will communicate any changes to the way we pay medicine when we make these changes.

The Chronic Illness Benefit (CIB) is managed by the LA Health Medical Scheme Rules. The use of the benefits and programmes linked with the Chronic Illness Benefit are subject to specific conditions and rules. Members must make sure that they know these rules and conditions.

Any instructions or advice on medicine and the management of your condition are intended to add to, and not replace, the knowledge, expertise, skill and judgement of your doctor, pharmacist or other healthcare professional.

LA Health Medical Scheme and Discovery Health (Pty) Ltd reserve the right to change the benefit at any time.

Explanation of terms

Benefit year

A benefit year refers to the benefits you are entitled to during a calendar year, that is to say 1 January to 31 December. This medicine list (formulary) and Chronic Drug Amounts are applicable for 2018 only.

Chronic Drug Amount (CDA)

The CDA is a monthly amount we pay up to for a medicine class. This applies to medicine that is not listed on the medicine list (formulary). The Chronic Drug Amount includes VAT and the dispensing fee.

Prescribed Minimum Benefit conditions (PMB conditions)

These are conditions which all medical schemes are required to cover by the Council for Medical Schemes for any setting according to clinical guidelines.

Chronic Disease List (CDL)

A defined list of chronic conditions we cover according to the Prescribed Minimum Benefits.

Medicine class

This describes medicine that have similar chemical structures or similar therapeutic effects.

Active ingredient

This is the main substance in a medicine that is responsible for the clinical action on a human body.

Chronic Illness Benefit 2018

The Prescribed Minimum Benefits (PMBs) medicine list (for all benefit options)

The PMB medicine list applies to all LA Health benefit options for the 2018 benefit year. The CDA (Chronic Drug Amount) does not apply to the LA KeyPlus Benefit Option.

Prescribed Minimum Benefit condition	CDA for Active and Focus Options	CDA for Core and Comprehensive Options	Medicine class	Active ingredient	Medicine name and strength
Addison's disease	R175	R175	Systemic Corticosteroids: Hydrocortisone	Hydrocortisone	Covocort 10mg
	R125	R125	Systemic Corticosteroids: Mineralocorticoids	Fludrocortisone	Florinef acetate 0.1mg
Asthma	R185	R185	Adrenergics: Long acting - Formoterol	Formoterol	Foratec HFA 120 dose 12mcg/1dose
	R355	R475	Adrenergics: Long acting - Salmeterol	Salmeterol	Serevent accuhaler 60 dose 50mcg
				Serevent CFC free 120 dose 25mcg	
	R40	R40	Adrenergics: Short acting - Salbutamol	Salbutamol	Asthavent ecohaler 200 dose 100mcg
					Venteze CFC free 200 dose 100mcg
	R235	R270	Anti-asthmatics: Leukotriene receptor antagonists	Montelukast	Lumont 4mg; 5mg; 10mg (Not available on KeyPlus Option)
					Monteflo 4mg; 5mg; 10mg (Only Core and Comprehensive Options)
					Sintair 4mg; 5mg; 10mg (Only Core and Comprehensive Options)
					Topraz 4mg; 5mg; 10mg (Only Core and Comprehensive Options)
	R100	R155	Anti-asthmatics: Systemic xanthines	Theophylline	Sandoz Theophylline anhydrous 200mg; 300mg
	R415	R415	Formoterol and Budesonide	Formoterol and Budesonide	Symbicord turbohaler 160/4.5mcg; 320/9mcg 60 dose
					Symbicord turbohaler 160/4.5mcg 120 dose
					Vannair 80/4.5mcg; 160/4.5mcg 120 dose
	R390	R390	Formoterol and Mometasone	Formoterol and Mometasone	Dulera 100/5mcg; 200/5mcg 120 dose (Not available on KeyPlus Option)
	R245	R245	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200 dose 20mcg Ipvent HFA 200 dose 40mcg/1dose
	R320	R370	Inhaled Glucocorticoids	Beclomethasone	Beceze 200 dose CFC free 100mcg
					Beclate 200 dose 100mcg; 200mcg
				Budesonide	Budeflam HFA 300 dose 100mcg; 200mcg
					Inflammid novolizer complete 200mcg 200 dose
					Inflammid novolizer complete 400mcg 100 dose
					Inflammid novolizer refill 200mcg 200 dose
					Inflammid novolizer refill 400mcg 100 dose
					Pulmicort turbuhaler 100mcg; 200mcg 200 dose
Ciclesonide					Ciclovent 60 dose 80mcg; 160mcg (Not available on KeyPlus Option)
Fluticasone				Flixotide CFC free 50mcg; 125mcg; 250mcg 120 dose (Only Core and Comprehensive Options)	
Mometasone				Asmanex twisthaler 30 dose 200mcg/1dose; 400mcg/1dose (Only Core and Comprehensive Options)	

Prescribed Minimum Benefit condition	CDA for Active and Focus Options	CDA for Core and Comprehensive Options	Medicine class	Active ingredient	Medicine name and strength
Asthma	R320	R370	Inhaled Glucocorticoids	Mometasone	Asmanex twisthaler 60 dose 200mcg/1dose; 400mcg/1dose (Only Core and Comprehensive Options)
	R100	R100	Nasal Corticosteroids	Beclomethasone	Beclate aquanase 150 dose 50mcg
					Clenil aqueous 200 dose 50mcg
				Fluticasone	Flomist 120 dose 50mcg (Not available on KeyPlus Option)
					Flonase 120 dose 50mcg (Not available on KeyPlus Option)
	R390	R390	Salmeterol and Fluticasone	Salmeterol and Fluticasone	Foxair accuhaler 50/100; 50/250; 50/500 60 dose
					Sereflo HFA 25/50; 25/125; 25/250 120 dose
					Sereflo HFA synchrobreath 120 dose 25/50; 25/125; 25/250
	R350	R350	Surgical item	Inhaler device	Dp haler device Spacer Glaxohaler
	R15	R15	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
					Panafcort 5mg
Trolic 5mg					
Bipolar mood disorder	R120	R160	Anti-depressants: SSRI's	Citalopram	Adco-Talomil 20mg
					Arrow Citalopram 40mg
					Bio Citalopram 20mg
					Cilate 20mg
				Escitalopram	Accord Escitalopram 10mg; 20mg (Only Core and Comprehensive Options)
					Zitolex 10mg; 20mg (Only Core and Comprehensive Options)
					Zytomil 10mg; 20mg (Only Core and Comprehensive Options)
					Fluoxetine
				Fluoxetine	Fluoxetine Actor 20mg
					Prolax 20mg
					Ranflocs 20mg
				Sertraline	Dyna Sertraline 50mg; 100mg
					Serdep 50mg; 100mg (Only Core and Comprehensive Options)
	Serlife 50mg; 100mg (Only Core and Comprehensive Options)				
	R290	R385	Anti-epileptics: Carboxamide derivatives		Carbamazepine
	R490	R490	Anti-epileptics: Fatty acid derivatives	Valproic acid	Tegretol CR 200mg; 400mg
					Zeptol 200mg
					Convulex 150mg
					Convulex syrup 250mg/5ml
					Epilim crushable 100mg
Epilim sugar-free syrup 200mg/5ml					
Epilzine CR 200mg; 300mg; 500mg					
Eprolep CR 200mg; 300mg; 500mg					
Navalpro CR 200mg; 300mg; 500mg					
Valeptic CR 300mg; 500mg					
R310	R410	Anti-epileptics: Other agents	Lamotrigine	Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg	
				Epitec 25mg; 50mg; 100mg; 200mg	
				Girotec 50mg; 100mg; 200mg	
				Lamidus 50mg	
				Lamitor 25mg; 50mg; 100mg; 200mg	
R615	R945	Anti-psychotics: Clozapine	Clozapine	Aspen Clozapine 25mg; 100mg	
R345	R345	Anti-psychotics: Lithium	Lithium	Cloment 25mg; 100mg	
				Camcolit 250mg; 400mg	

Prescribed Minimum Benefit condition	CDA for Active and Focus Options	CDA for Core and Comprehensive Options	Medicine class	Active ingredient	Medicine name and strength	
Bipolar mood disorder	R590	R590	Anti-psychotics: Olanzapine	Olanzapine	Olawin 5mg; 10mg	
					Olawin oradispersible 5mg; 10mg	
					Olexar 5mg; 10mg	
					Prexolan ODT 5mg; 10mg	
					Redilanz 5mg; 10mg	
	R400	R400	Anti-psychotics: Phenothiazines with aliphatic side-chain	Chlorpromazine	Largactil 25mg; 100mg	
	R335	R335	Anti-psychotics: Quetiapine	Quetiapine	Dopaquel 25mg; 100mg; 200mg; 300mg	
					Mylan Quetiapine 25mg; 100mg; 200mg; 300mg	
					Psyquet 25mg; 100mg; 200mg; 300mg	
					Quetiapine Biotech 25mg; 100mg; 200mg; 300mg	
					Quetosor 25mg; 100mg; 200mg; 300mg	
					Serez 25mg; 100mg; 200mg; 300mg	
	R515	R650	Anti-psychotics: Thioxanthene derivatives	Flupenthixol	Fluanxol 0.5mg; 1mg	
					Fluanxol depot 1ml 20mg	
					Fluanxol depot 2ml 40mg	
	R585	R640	Other anti-psychotics	Risperidone	Perizal 0.5mg; 1mg; 2mg; 3mg	
					Risnia 0.5mg; 1mg; 2mg; 3mg	
					Rispacor 0.5mg; 1mg; 2mg; 3mg	
	Bronchiectasis	R40	R40	Adrenergics: Short acting - Salbutamol	Salbutamol	Asthavent ecohaler 200 dose 100mcg
						Venteze CFC free 200 dose 100mcg
R245		R245	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200 dose 20mcg	
Cardiac failure	R100	R125	ACE inhibitors and diuretics	Enalapril and diuretics	Enap co 20/12.5mg	
					Pharmapress co 20/12.5mg	
				Lisinopril and diuretics	Adco-Zetomax co 10/12.5mg; 20/12.5mg	
Lisinopril co Unicorn 10/12.5mg; 20/12.5mg						
Lisoretic 10/12.5mg; 20/12.5mg						
Lisozide 10/12.5mg; 20/12.5mg						
Zestoretic 10/12.5mg; 20/12.5mg						
Perindopril and diuretics				Bioprexum Plus 10/2.5mg (Only Core and Comprehensive Options)		
				Ciplasyl Plus 4/1.25mg (Only Core and Comprehensive Options)		
				Pearinda Plus 4/1.25mg (Only Core and Comprehensive Options)		
	Perindopril co Unicorn 4/1.25mg (Only Core and Comprehensive Options)					
	Prexum Plus 5/1.25mg (Only Core and Comprehensive Options)					
	Vectoryl Plus 4/1.25mg (Only Core and Comprehensive Options)					
R85	R120	ACE inhibitors: Plain	Captopril	Adco-Captomax 25mg; 50mg		
				Bio-Captopril 25mg		
				Mylan Captopril 25mg; 50mg		
			Enalapril	Alapren 5mg; 10mg; 20mg		
				Enalapril Biotech 5mg; 10mg; 20mg		
Enalapril Unicorn 10mg; 20mg (Not available on KeyPlus Option)						

Prescribed Minimum Benefit condition	CDA for Active and Focus Options	CDA for Core and Comprehensive Options	Medicine class	Active ingredient	Medicine name and strength
Cardiac failure	R85	R120	ACE inhibitors: Plain	Enalapril	Envas 5mg; 10mg (Not available on KeyPlus Option)
					Hypace 5mg
				Lisinopril	Austell-Lisinopril 10mg; 20mg
					Sinopren 5mg; 10mg; 20mg
				Perindopril	Ciplasyl 4mg (Not available on KeyPlus Option)
					Ciplasyl 8mg (Only Core and Comprehensive Options)
					Pearinda 4mg; 8mg (Only Core and Comprehensive Options)
					Perindopril Unicorn 4mg; 8mg (Only Core and Comprehensive Options)
					Prexum 5mg (Only Core and Comprehensive Options)
					Ran-Perindopril 4mg
					Spec-Perindopril 4mg; 8mg (Only Core and Comprehensive Options)
					Quinapril
	R230	R260	Alpha and Beta blocking agents	Carvedilol	Aspen Carvedilol 6.25mg; 12.5mg; 25mg
					Carloc 6.25mg; 12.5mg; 25mg
					Carvedilol Unicorn 6.25mg; 12.5mg; 25mg
					Carvetrend 6.25mg; 12.5mg; 25mg
					Vediblok 6.25mg; 12.5mg; 25mg
	R120	R120	Angiotensin II antagonists: Combinations	Losartan and diuretics	Hytenza co 50/12.5mg
					Losaar Plus 50/12.5mg; 100/25mg
					Losacar co 50/12.5mg
					Losartan co Unicorn 50/12.5mg; 100/25mg
					Netrasol co 50/12.5mg; 100/25mg
				Zartan co 50/12.5mg; 100/25mg	
	Valsartan and diuretics	Dynaval co 80/12.5mg; 160/12.5mg; 160/25mg (Only Core and Comprehensive Options)			
	R85	R130	Angiotensin II antagonists: Plain	Irbesartan	Dynarb 150mg; 300mg (Only Core and Comprehensive Options)
					Losartan
				Losartan Unicorn 100mg (Only Core and Comprehensive Options)	
				Spec-Losartan 100mg (Only Core and Comprehensive Options)	
				Zartan 100mg (Only Core and Comprehensive Options)	
	R100	R100	Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives	Hydralazine	Hyperphen 10mg; 50mg Sandoz Hydralazine 25mg
	R75	R85	Beta blocking agents: Selective	Bisoprolol	Adco-Bisocor 5mg; 10mg
					Betacor 5mg; 10mg
					Bilocor 5mg; 10mg
Bislo 5mg; 10mg					
Bisoprolol Unichem 5mg; 10mg					
Bisoprolol Unicorn 5mg; 10mg					
Bisoprolol Zydus 5mg; 10mg					
Mylan Bisoprolol 5mg; 10mg					
Retocar 5mg; 10mg					
Ziapro 5mg; 10mg					
R25	R25	Cardiac glycosides: Digoxin	Digoxin	Lanoxin 0.0625mg; 0.25mg Lanoxin paediatric/geriatric syrup 0.05mg/1ml	
R20	R40	High-ceiling diuretics	Furosemide	Dino-Retic 40mg	

Prescribed Minimum Benefit condition	CDA for Active and Focus Options	CDA for Core and Comprehensive Options	Medicine class	Active ingredient	Medicine name and strength	
Cardiac failure	R20	R40	High-ceiling diuretics	Furosemide	Diuresix 40mg	
					Furobe 40mg	
					Mylan Furosemide 40mg	
	R15	R15	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Hexazide 25mg	
					Ridaq 12.5mg	
	R25	R25	Low-ceiling diuretics: excluding Thiazides	Indapamide	Cipla-Indapamide 2.5mg	
					Daptril 2.5mg	
					Mylan Indapamide 2.5mg	
	R120	R120	Potassium sparing agents	Spironolactone	Aldactone 25mg	
					Sandoz Spironolactone 25mg	
					Spiractin 25mg	
	R105	R105	Potassium supplements	Potassium chloride	Plenish K 600mg	
					Potassium Chloride Unicorn 600mg	
					Sandoz K-600 600mg	
					Ultipot 600mg	
	R195	R195	Vasodilators in cardiac disease: Organic nitrates	Glyceryl trinitrate	Angised 0.5mg	
					Isosorbide dinitrate	Isordil 30mg
					Sandoz Isosorbide dinitrate 5mg; 10mg	
					Isosorbide mononitrate	Elantan 20mg
	R90	R90	Influenza vaccines	Influenza, purified antigen	Influvac 0.5ml	
					Vaxigrip single dose 0.5ml pre-filled	
	R170	R170	Pneumococcus vaccines	Pneumococcus, purified polysaccharides antigen	Imovax pneumo 23	
	Cardiomyopathy	R100	R125	ACE inhibitors and diuretics	Enalapril and diuretics	Enap co 20/12.5mg
Pharmapress co 20/12.5mg						
Lisinopril and diuretics					Adco-Zetomax co 10/12.5mg; 20/12.5mg	
					Lisinopril co Unicorn 10/12.5mg; 20/12.5mg	
					Lisoretic 10/12.5mg; 20/12.5mg	
					Lisozide 10/12.5mg; 20/12.5mg	
					Zestoretic 10/12.5mg; 20/12.5mg	
Perindopril and diuretics					Bioprexum Plus 10/2.5mg (Only Core and Comprehensive Options)	
					Ciplasyl Plus 4/1.25mg (Only Core and Comprehensive Options)	
					Pearinda Plus 4/1.25mg (Only Core and Comprehensive Options)	
					Perindopril co Unicorn 4/1.25mg (Only Core and Comprehensive Options)	
					Prexum Plus 5/1.25mg (Only Core and Comprehensive Options)	
					Vectoryl Plus 4/1.25mg (Only Core and Comprehensive Options)	
R85		R120	ACE inhibitors: Plain	Captopril	Adco-Captomax 25mg; 50mg	
					Bio-Captopril 25mg	
					Mylan Captopril 25mg; 50mg	
				Enalapril	Alapren 5mg; 10mg; 20mg	
					Enalapril Biotech 5mg; 10mg; 20mg	
					Enalapril Unicorn 10mg; 20mg (Not available on KeyPlus Option)	
					Envas 5mg; 10mg (Not available on KeyPlus Option)	
					Hypace 5mg	
				Lisinopril	Austell-Lisinopril 10mg; 20mg	
					Sinopren 5mg; 10mg; 20mg	

Prescribed Minimum Benefit condition	CDA for Active and Focus Options	CDA for Core and Comprehensive Options	Medicine class	Active ingredient	Medicine name and strength
Cardiomyopathy	R85	R120	ACE inhibitors: Plain	Perindopril	Ciplasyl 4mg (Not available on KeyPlus Option)
					Ciplasyl 8mg (Only Core and Comprehensive Options)
					Pearinda 4mg; 8mg (Only Core and Comprehensive Options)
					Perindopril Unicorn 4mg; 8mg (Only Core and Comprehensive Options)
					Prexum 5mg (Only Core and Comprehensive Options)
					Ran-Perindopril 4mg
					Spec-Perindopril 4mg; 8mg (Only Core and Comprehensive Options)
					Quinapril
	R230	R260	Alpha and Beta blocking agents	Carvedilol	Aspen Carvedilol 6.25mg; 12.5mg; 25mg
					Carloc 6.25mg; 12.5mg; 25mg
					Carvedilol Unicorn 6.25mg; 12.5mg; 25mg
					Carvetrend 6.25mg; 12.5mg; 25mg
	R120	R120	Angiotensin II antagonists: Combinations	Losartan and diuretics	Hytenza co 50/12.5mg
					Losaar Plus 50/12.5mg; 100/25mg
					Losacar co 50/12.5mg
					Losartan co Unicorn 50/12.5mg; 100/25mg
					Netrasol co 50/12.5mg; 100/25mg
	Valsartan and diuretics	Dynaval co 80/12.5mg; 160/12.5mg; 160/25mg (Only Core and Comprehensive Options)			
		Zartan co 50/12.5mg; 100/25mg			
	R85	R130	Angiotensin II antagonists: Plain	Irbesartan	Dynarb 150mg; 300mg (Only Core and Comprehensive Options)
					Losartan
				Losartan Unicorn 100mg (Only Core and Comprehensive Options)	
				Spec-Losartan 100mg (Only Core and Comprehensive Options)	
				Zartan 100mg (Only Core and Comprehensive Options)	
	R85	R85	Anti-thrombotic agents: Vitamin K antagonists	Warfarin	Cipla-Warfarin 1mg; 5mg
	R100	R100	Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives	Hydralazine	Hyperphen 10mg; 50mg
					Sandoz Hydralazine 25mg
	R30	R35	Aspirin	Acetylsalicylic acid	Myoprin 100mg
	R75	R85	Beta blocking agents: Selective	Bisoprolol	Adco-Bisocor 5mg; 10mg
					Betacor 5mg; 10mg
					Bilocor 5mg; 10mg
					Bislo 5mg; 10mg
					Bisoprolol Unichem 5mg; 10mg
Bisoprolol Unicorn 5mg; 10mg					
Bisoprolol Zydus 5mg; 10mg					
Mylan Bisoprolol 5mg; 10mg					
Retocar 5mg; 10mg					
Ziapro 5mg; 10mg					
R25	R25	Cardiac glycosides: Digoxin	Digoxin	Lanoxin 0.0625mg; 0.25mg	
				Lanoxin paediatric/geriatric syrup 0.05mg/1ml	
R20	R40	High-ceiling diuretics	Furosemide	Dino-Retic 40mg	
				Diuresix 40mg	
				Furobe 40mg	

Prescribed Minimum Benefit condition	CDA for Active and Focus Options	CDA for Core and Comprehensive Options	Medicine class	Active ingredient	Medicine name and strength
Cardiomyopathy	R20	R40	High-ceiling diuretics	Furosemide	Mylan Furosemide 40mg
	R15	R15	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Hexazide 25mg
					Ridaq 12.5mg
	R25	R25	Low-ceiling diuretics: excluding Thiazides	Indapamide	Cipla-Indapamide 2.5mg
					Dapril 2.5mg
					Mylan Indapamide 2.5mg
	R120	R120	Potassium sparing agents	Spironolactone	Aldactone 25mg
					Sandoz Spironolactone 25mg
					Spiractin 25mg
	R105	R105	Potassium supplements	Potassium chloride	Plenish K 600mg
					Potassium Chloride Unicorn 600mg
					Sandoz K-600 600mg
					Ultipot 600mg
	R195	R195	Vasodilators in cardiac disease: Organic nitrates	Glyceryl trinitrate	Angised 0.5mg
				Isosorbide dinitrate	Isordil 30mg
				Isosorbide mononitrate	Sandoz Isosorbide dinitrate 5mg; 10mg
					Elantan 20mg
R90	R90	Influenza vaccines	Influenza, purified antigen	Elantan LA 50mg	
				Monicor SR 60mg	
R170	R170	Pneumococcus vaccines	Pneumococcus, purified polysaccharides antigen	Influvac 0.5ml	
				Vaxigrip single dose 0.5ml pre-filled	
Chronic obstructive pulmonary disease (COPD)	R185	R185	Adrenergics: Long acting - Formoterol	Formoterol	Foratec HFA 120 dose 12mcg/1dose
	R40	R40	Adrenergics: Short acting - Salbutamol	Salbutamol	Asthavent ecohaler 200 dose 100mcg
					Venteze CFC free 200 dose 100mcg
	R370	R370	Adrenergics: Ultra long acting - Indacaterol	Indacaterol	Onbrez breezhaler 150mcg
	R100	R155	Anti-asthmatics: Systemic xanthines	Theophylline	Sandoz Theophylline anhydrous 200mg; 300mg
	R415	R415	Formoterol and Budesonide	Formoterol and Budesonide	Symbicord turbohaler 160/4.5mcg; 320/9mcg 60 dose
					Symbicord turbohaler 160/4.5mcg 120 dose
					Vannair 80/4.5mcg; 160/4.5mcg 120 dose
	R390	R390	Formoterol and Mometasone	Formoterol and Mometasone	Dulera 100/5mcg; 200/5mcg 120 dose (Not available on KeyPlus Option)
	R430	R430	Inhaled anticholinergics: Glycopyrronium bromide	Glycopyrronium bromide	Seebri breezhaler (30 caps & inhaler)
	R245	R245	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200 dose 20mcg
					Ipvent HFA 200 dose 40mcg/1dose
	R470	R470	Inhaled anticholinergics: Tiotropium bromide	Tiotropium bromide	Forvent (refill) 18mcg
	R205	R205	Salbutamol and Ipratropium bromide	Salbutamol and Ipratropium bromide	Duolin HFA 200 dose
	R390	R390	Salmeterol and Fluticasone	Salmeterol and Fluticasone	Foxair accuhaler 50/100; 50/250; 50/500 60 dose
Sereflo HFA 25/50; 25/125; 25/250 120 dose					
Sereflo HFA synchrobreathe 120 dose 25/50; 25/125; 25/250					
R786	R786	Surgical item: Oxygen concentrator	Oxygen	Dummy NAPPI for oxygen	

Prescribed Minimum Benefit condition	CDA for Active and Focus Options	CDA for Core and Comprehensive Options	Medicine class	Active ingredient	Medicine name and strength
Chronic obstructive pulmonary disease (COPD)	R15	R15	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
					Panafcort 5mg
	Trolic 5mg				
	R90	R90	Influenza vaccines	Influenza, purified antigen	Influvac 0.5ml Vaxigrip single dose 0.5ml pre-filled
Chronic renal disease	R100	R125	ACE inhibitors and diuretics	Enalapril and diuretics	Enap co 20/12.5mg
					Pharmapress co 20/12.5mg
				Lisinopril and diuretics	Adco-Zetomax co 10/12.5mg; 20/12.5mg
					Lisinopril co Unicorn 10/12.5mg; 20/12.5mg
					Lisoretic 10/12.5mg; 20/12.5mg
					Lisozide 10/12.5mg; 20/12.5mg
					Zestoretic 10/12.5mg; 20/12.5mg
				Perindopril and diuretics	Bioprexum Plus 10/2.5mg (Only Core and Comprehensive Options)
					Ciplasyl Plus 4/1.25mg (Only Core and Comprehensive Options)
					Pearinda Plus 4/1.25mg (Only Core and Comprehensive Options)
					Perindopril co Unicorn 4/1.25mg (Only Core and Comprehensive Options)
					Prexum Plus 5/1.25mg (Only Core and Comprehensive Options)
	Vectoryl Plus 4/1.25mg (Only Core and Comprehensive Options)				
	R85	R120	ACE inhibitors: Plain	Captopril	Adco-Captomax 25mg; 50mg
					Bio-Captopril 25mg
					Mylan Captopril 25mg; 50mg
				Enalapril	Alapren 5mg; 10mg; 20mg
					Enalapril Biotech 5mg; 10mg; 20mg
					Enalapril Unicorn 10mg; 20mg (Not available on KeyPlus Option)
					Envas 5mg; 10mg (Not available on KeyPlus Option)
					Hypace 5mg
				Lisinopril	Austell-Lisinopril 10mg; 20mg
					Sinopren 5mg; 10mg; 20mg
				Perindopril	Ciplasyl 4mg (Not available on KeyPlus Option)
					Ciplasyl 8mg (Only Core and Comprehensive Options)
					Pearinda 4mg; 8mg (Only Core and Comprehensive Options)
					Perindopril Unicorn 4mg; 8mg (Only Core and Comprehensive Options)
Prexum 5mg (Only Core and Comprehensive Options)					
Ran-Perindopril 4mg					
Spec-Perindopril 4mg; 8mg (Only Core and Comprehensive Options)					
Quinapril	Accumax 10mg; 20mg (Only Core and Comprehensive Options)				
R120	R120	Angiotensin II antagonists: Combinations	Losartan and diuretics	Hytenza co 50/12.5mg	
				Losaar Plus 50/12.5mg; 100/25mg	
				Losacar co 50/12.5mg	
				Losartan co Unicorn 50/12.5mg; 100/25mg	
				Netrasol co 50/12.5mg; 100/25mg	
			Zartan co 50/12.5mg; 100/25mg		
Valsartan and diuretics	Dynaval co 80/12.5mg; 160/12.5mg; 160/25mg (Only Core and Comprehensive Options)				

Prescribed Minimum Benefit condition	CDA for Active and Focus Options	CDA for Core and Comprehensive Options	Medicine class	Active ingredient	Medicine name and strength
Chronic renal disease	R85	R130	Angiotensin II antagonists: Plain	Irbesartan	Dynarb 150mg; 300mg (Only Core and Comprehensive Options)
				Losartan	Ciplazar 100mg (Only Core and Comprehensive Options)
					Losartan Unicorn 100mg (Only Core and Comprehensive Options)
					Spec-Losartan 100mg (Only Core and Comprehensive Options)
					Zartan 100mg (Only Core and Comprehensive Options)
	R215	R215	Calcium supplements	Calcium carbonate	B-cal
	R5	R5	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg Folic acid 0.5mg
	R240	R240	Hepatitis B Vaccine	Hepatitis B, purified antigen	Engerix-b (new) monodose 1ml 20mcg/1ml
					Euvox b vial 1ml 20mcg/1ml
					Heberbio hbv sgl dose 1ml adult 20mcg/1ml
	R45	R45	Iron in combination with folic acid	Ferrous fumarate	Pregamal
	R525	R525	Iron, parenteral preparations	Iron, parenteral preparations	Cosmofer ampoule 2ml 50mg/1ml
					Equifer ampoule 5ml 100mg/5ml
					Rautevene ampoule 5ml 100mg/5ml
					Sucrofer 5ml 20mg/1ml
					Zypiron vial 5ml 20mg/1ml
	R3 670	R3 670	Other anti-anaemic preparations	Darbeпоetin Alfa	Aranesp pre-filled syringe 0.4ml 10mcg/0.4ml
					Aranesp pre-filled syringe 0.5ml 20mcg/0.5ml
					Aranesp pre-filled syringe 0.3ml 30mcg/0.3ml
					Aranesp pre-filled syringe 0.4ml 40mcg/0.4ml
					Aranesp pre-filled syringe 0.5ml 50mcg/0.5ml
					Aranesp pre-filled syringe 0.3ml 60mcg/0.3ml
				Erythropoietin	Eprex pre-fill 2000U/0.5ml
					Eprex pre-fill 4000U/0.4ml
					Recormon pre-filled syringe 500U/0.3ml
					Recormon pre-filled syringe 2000U/0.3ml
					Recormon pre-filled syringe 4000U/0.3ml
Repotin ampoule 1ml 2000U Repotin ampoule 1ml 4000U					
Methoxy polyethylene glycol-epoetin beta				Mircera pre-filled syringe 0.3ml 30mcg/0.3ml	
				Mircera pre-filled syringe 0.3ml 50mcg/0.3ml	
				Mircera pre-filled syringe 0.3ml 75mcg/0.3ml	
				Mircera pre-filled syringe 0.3ml 100mcg/0.3ml	
				Mircera pre-filled syringe 0.3ml 120mcg/0.3ml	
				Mircera pre-filled syringe 0.3ml 150mcg/0.3ml	
				Mircera pre-filled syringe 0.3ml 200mcg/0.3ml Mircera pre-filled syringe 0.3ml 250mcg/0.3ml	
R400	R400	Vitamin D and analogues	Alfacalcidol	One alpha 0.25mcg; 1mcg	
Coronary artery disease	R220	R220	Anti-thrombotic agents: Clopidogrel	Clopidogrel	Clopidogrel 75 Biotech 75mg
					Closolve 75mg
					Pharma Dynamics Clopidogrel 75mg
					Plagrol 75mg
	R30	R35	Aspirin	Acetylsalicylic acid	Myoprin 100mg
	R85	R200	Beta blocking agents: Non-selective	Propranolol	Inderal 10mg
					Indoblok 10mg; 40mg Purbloka 40mg
	R75	R85	Beta blocking agents: Selective	Atenolol	B-Block 100mg
Bio-Atenolol 50mg; 100mg					
Gulf Atenolol 50mg; 100mg					
Tenopress 50mg; 100mg Zetenol 50mg; 100mg					

Prescribed Minimum Benefit condition	CDA for Active and Focus Options	CDA for Core and Comprehensive Options	Medicine class	Active ingredient	Medicine name and strength	
Coronary artery disease	R230	R320	Selective calcium channel blockers with direct cardiac effects	Diltiazem	Adco-Zildem 60mg	
					Adco-Zildem SR 180mg; 240mg	
				Verapamil	Vasomil 40mg; 80mg	
	Verahexal SR 240mg					
	R100	R130	Selective calcium channel blockers with mainly vascular effects	Amlodipine	Amtas 5mg; 10mg	
					Austell-Amlodipine 5mg; 10mg	
					Calbloc 5mg; 10mg	
					Ciplavasc 5mg; 10mg	
					Gulf Amlodipine 5mg; 10mg	
					Lomanor 5mg; 10mg	
					Pendine 5mg; 10mg	
					Pharma Dynamics Amlodipine besylate 5mg; 10mg	
					Felodipine	Felodipine-Hexal 5mg; 10mg (Only Core and Comprehensive Options)
				Plendil 2.5mg; 5mg (Only Core and Comprehensive Options)		
	R195	R195	Vasodilators in cardiac disease: Organic nitrates	Glyceryl trinitrate	Cipalat Retard 20mg	
Angised 0.5mg						
Isosorbide dinitrate				Isordil 30mg		
	Sandoz Isosorbide dinitrate 5mg; 10mg					
Isosorbide mononitrate	Elantan 20mg					
	Elantan LA 50mg					
	Monicor SR 60mg					
Crohn's disease	R5	R5	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg	
					Folic acid 0.5mg	
	R810	R810	Intestinal anti-inflammatory agents: Aminosalicylic acid and similar agents	Mesalazine	Asacol 400mg; 800mg	
					Mezavant 1200mg	
					Pentasa 500mg; 1000mg	
					Salofalk 1000mg	
	Olsalazine	Dipentum 250mg				
	Sulfasalazine	Salazopyrin 500mg				
		Salazopyrin EN 500mg				
	R1 940	R1 940	Intestinal anti-inflammatory agents: Corticosteroids	Budesonide	Entocord enema	
	R690	R690	Other immuno-suppressive agents: Azathioprine	Azathioprine	Azamun 50mg	
					Azathioprine PCH 50mg	
	R250	R250	Other immuno-suppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg	
Methotrexate 2.5mg						
R15	R15	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg		
				Panafcort 5mg		
				Trolic 5mg		
Diabetes insipidus	R1 450	R1 700	Posterior pituitary hormones: Vasopressin and analogues	Desmopressin	Ddavn 0.1mg; 0.2mg	
					Ddavn nasal spray 5ml 0.1mg/1ml	
Diabetes mellitus Type 1	***Please note an overall monthly limit applies to Insulins across the different Insulin classes The overall monthly limit for Active and Focus Plans is R700. The overall monthly limit for Core and Comprehensive Plans is R720.					
	R460	R530	Anti-diabetic agents: Fast-acting Insulins	Insulin Glulisine	Apidra - cartridge 3ml	
					Insulin Human	Biosulin r - cartridge 3ml
						Humulin r - cartridge 3ml; vial 10ml
					Insulin Lispro	Humalog - cartridge 3ml; kwikpen 3ml; vial 10ml

Prescribed Minimum Benefit condition	CDA for Active and Focus Options	CDA for Core and Comprehensive Options	Medicine class	Active ingredient	Medicine name and strength	
Diabetes mellitus Type 1	R700	R720	Anti-diabetic agents: Intermediate-acting or long-acting combined with fast-acting Insulins (Biphasic)	Insulin Aspart	Novomix 30 - flexpen 3ml (Only Core and Comprehensive Options)	
				Insulin Human	Actraphane hm(ge) - vial 10ml (Only Core and Comprehensive Options)	
					Biosulin 30-70 - cartridge 3ml	
					Humulin 30/70 - cartridge 3ml; kwikpen 3ml; vial 10ml	
					Insuman comb 30/70 - cartridge 3ml	
				Insulin Lispro	Humalog mix 25 - cartridge 3ml; vial 10ml	
					Humalog mix 25 - kwikpen 3ml (Only Core and Comprehensive Options)	
					Humalog mix 50 - cartridge 3ml	
					Humalog mix 50 - kwikpen 3ml (Only Core and Comprehensive Options)	
					R435	R465
	Biosulin n - cartridge 3ml					
	Humulin n - cartridge 3ml; kwikpen 3ml; vial 10ml					
	R460	R555	Anti-diabetic agents: Long-acting Insulins	Insulin Detemir	Levemir - prefilled cartridge 3ml (Not available on KeyPlus Option)	
					Insulin Glargine	Basaglar - cartridge 3ml (Not available on KeyPlus Option)
				Basaglar - pre-filled pen 3ml (Only Core and Comprehensive Options)		
				Optisulin - cartridge 3ml (Not available on KeyPlus Option)		
				Optisulin - pen 3ml (Only Core and Comprehensive Options)		
	R30	R35	Aspirin	Acetylsalicylic acid	Myoprin 100mg	
	R200	R280	Blood glucose monitoring agents	Glucose strips	Accu-chek active strips (Not available on KeyPlus Option)	
					Accu chek instant strips	
					Caresens n glucose test strips 29g	
					Fora diamond blood glucose strips	
					Freestyle optium glucose test strips (Not available on KeyPlus Option)	
					Glucocheck strips 50's (Not available on KeyPlus Option)	
					Glucoplus (Not available on KeyPlus Option)	
					Glucoplus provider strips (Not available on KeyPlus Option)	
					Glucose test strips easymax (Not available on KeyPlus Option)	
On-call plus ez strips						
Onetouch select plus test strips (Not available on KeyPlus Option)						
Onetouch select test strips (Not available on KeyPlus Option)						
Test blood glucose strip clicks bionime gs550						
R350					R350	Surgical item
	Lancets blood collection needles loris					
	Lancet fora collection needles sterile 3					
	Lancets solus v2					
	Lancets unilet sterile 28g					
	Lancets unilet sterile 28g 4cm x 6cm x 7					
	On-call lancets glucose					
	Needles	Droplet pen needle 12mm x 29g				
		Droplet pen needle 10mm x 29g				
		Droplet pen needle 8mm x 31g				
		Droplet pen needle 6mm x 31g				

Prescribed Minimum Benefit condition	CDA for Active and Focus Options	CDA for Core and Comprehensive Options	Medicine class	Active ingredient	Medicine name and strength
Diabetes mellitus Type 1	R350	R350	Surgical item	Needles	Droplet pen needle 6mm x 32g
					Needle insulin pen bd microfine 30g 8mm
					Needle insulin pen bd microfine 31g 5mm
					Needle insulin pen bd microfine tw 32g 4mm
					Needle novofine
				Syringes	Needle accufine insulin pen 8 x 30g
					Syringe insulin 1.0ml with 27g needle
					Syringe insulin bd microfine 0.3ml 30g 8mm demi
					Syringe insulin bd microfine 1ml 9g 12.7mm
Diabetes mellitus Type 2	R65	R65	Anti-diabetic agents: Biguanides	Metformin	Accord Metformin 500mg; 850mg
					Apex-Metformin 500mg
					Arrow Metformin 500mg; 850mg
					Austell-Metformin 500mg; 850mg
					Bigsens 500mg; 850mg; 1000mg
					Diaformin 500mg
					Diaformin forte 850mg
					Diamin 500mg; 850mg
					Diaphage 500mg; 850mg; 1000mg
					Gluconorm 500mg; 850mg
					Mengen 500mg; 850mg; 1000mg
					Metchek 500mg; 850mg
					Metforal 500mg; 850mg
					Metformin Alkem 500mg; 850mg
					Metored 500mg; 850mg; 1000mg
					Metphage 500mg; 850mg
					Mylan Metformin 500mg; 850mg; 1000mg
					Romidab 500mg; 850mg; 1000mg
					Sandoz Metformin 500mg
					Sandoz Metformin FCT 500mg; 850mg
<p>***Please note an overall monthly limit applies to Insulins across the different CDA classes The overall monthly limit for Active and Focus Plans is R700. The overall monthly limit for Core and Comprehensive Plans is R720.</p>					
R460	R530	Anti-diabetic agents: Fast-acting Insulins	Insulin Glulisine	Apidra - cartridge 3ml	
				Insulin Human	Biosulin r - cartridge 3ml Humulin r - cartridge 3ml; vial 10ml
				Insulin Lispro	Humalog - cartridge 3ml; kwikpen 3ml; vial 10ml
R700	R720	Anti-diabetic agents: Intermediate-acting or long-acting combined with fast-acting Insulins (Biphasic)	Insulin Aspart	Novomix 30 - flexpen 3ml (Only Core and Comprehensive Options)	
				Insulin Human	Actraphane hm(ge) - vial 10ml (Only Core and Comprehensive Options)
					Biosulin 30-70 - cartridge 3ml
			Humulin 30/70 - cartridge 3ml; kwikpen 3ml; vial 10ml		
			Insuman comb 30/70 - cartridge 3ml		
			Insulin Lispro	Humalog mix 25 - cartridge 3ml; vial 10ml	
				Humalog mix 25 - kwikpen 3ml (Only Core and Comprehensive Options)	
			Humalog mix 50 - cartridge 3ml		
			Humalog mix 50 - kwikpen 3ml (Only Core and Comprehensive Options)		
R435	R465	Anti-diabetic agents: Intermediate-acting Insulins	Insulin Human	Biosulin l - cartridge 3ml	
				Biosulin n - cartridge 3ml	
				Humulin n - cartridge 3ml; kwikpen 3ml; vial 10ml	
R460	R555	Anti-diabetic agents: Long-acting Insulins	Insulin Detemir	Levemir - pre-filled cartridge 3ml (Not available on KeyPlus Option)	
				Insulin Glargine	Basaglar - cartridge 3ml (Not available on KeyPlus Option)
			Basaglar - pre-filled pen 3ml (Only Core and Comprehensive Options)		

Prescribed Minimum Benefit condition	CDA for Active and Focus Options	CDA for Core and Comprehensive Options	Medicine class	Active ingredient	Medicine name and strength
Diabetes mellitus Type 2	R460	R555	Anti-diabetic agents: Long-acting Insulins	Insulin Glargine	Optisulin - cartridge 3ml (Not available on KeyPlus Option)
					Optisulin - pen 3ml (Only Core and Comprehensive Options)
	R675	R675	Anti-diabetic agents: Other, excluding Insulins: Exanatide	Exanatide	Byetta disposable pen 1.2ml 5mcg/1dose 60 dose
					Byetta disposable pen 2.4ml 10mcg/1dose 60 dose
	R140	R140	Anti-diabetic agents: Sulfonamides, urea derivatives	Glibenclamide	Bio-Glibenclamide 5mg
					Diacare 5mg
					Glycomin 5mg
				Gliclazide	Adco-Glucomed 80mg
					Austell-Gliclazide 80mg
					Diagluclide 80mg
					Diagluclide MR (Not available on KeyPlus Option)
					Diaran MR 30mg
					Dyna Gliclazide SR 30mg
					Gliclazide Unicorn MR 30mg
					Glycron 80mg
					Glygard 80mg
	Mylan Gliclazide 80mg				
	Sandoz Gliclazide 80mg				
	R200	R215	Anti-diabetic agents: Thiazolidinediones	Pioglitazone	Accord Pioglitazone 15mg; 30mg; 45mg
					Cipla-Pioglitazone 15mg; 30mg
	R30	R35	Aspirin	Acetylsalicylic acid	Myoprin 100mg
	R200	R280	Blood glucose monitoring agents	Glucose strips	Accu-chek active strips (Not available on KeyPlus Option)
					Accu chek instant strips
					Caresens n glucose test strips 29g
					Fora diamond blood glucose strips
					Freestyle optium glucose test strips (Not available on KeyPlus Option)
					Glucochek strips 50's (Not available on KeyPlus Option)
					Glucoplus (Not available on KeyPlus Option)
					Glucoplus provider strips (Not available on KeyPlus Option)
					Glucose test strips easymax (Not available on KeyPlus Option)
					On-call plus ez strips
					Onetouch select plus test strips (Not available on KeyPlus Option)
Onetouch select test strips (Not available on KeyPlus Option)					
Test blood glucose strip clicks bionime gs550					
R215	R215	Dipeptidyl peptidase inhibitors: Saxagliptin	Saxagliptin	Onglyza 2.5mg; 5mg (Not available on KeyPlus Option)	
R350	R350	Surgical item	Lancets	Lancets 50's	
				Lancets blood collection needles loris	
				Lancet fora collection needles sterile 3	
				Lancets solus v2	
				Lancets unilet sterile 28g	
				Lancets unilet sterile 28g 4cm x 6cm x 7	
			On-call lancets glucose		
			Needles	Droplet pen needle 12mm x 29g	
Droplet pen needle 10mm x 29g					
				Droplet pen needle 8mm x 31g	

Prescribed Minimum Benefit condition	CDA for Active and Focus Options	CDA for Core and Comprehensive Options	Medicine class	Active ingredient	Medicine name and strength
Diabetes mellitus Type 2	R350	R350	Surgical item	Needles	Droplet pen needle 6mm x 31g
					Droplet pen needle 6mm x 32g
					Needle insulin pen bd microfine 30g 8mm
					Needle insulin pen bd microfine 31g 5mm
					Needle insulin pen bd microfine tw 32g 4mm
				Syringes	Needle novofine
					Needle accufine insulin pen 8 x 30g
					Syringe insulin 1.0ml with 27g needle
					Syringe insulin bd microfine 0.3ml 30g 8mm demi
					Syringe insulin bd microfine 1ml 9g 12.7mm
Dysrhythmia	R620	R680	Anti-arrhythmics: class Ic	Flecainide	Tambocor 100mg
				Propafenone	Tambocor CR 100mg; 200mg Rythmol 150mg; 300mg (Not available on KeyPlus Option)
	R475	R475	Anti-arrhythmics: class III - Amiodarone	Amiodarone	Arycor 100mg; 200mg Bio-Amiodarone 200mg Hexarone 100mg; 200mg
	R85	R85	Anti-thrombotic agents: Vitamin K antagonists	Warfarin	Cipla-Warfarin 1mg; 5mg
	R30	R35	Aspirin	Acetylsalicylic acid	Myoprin 100mg
	R85	R200	Beta blocking agents: Non-selective	Propranolol	Inderal 10mg
					Indoblok 10mg; 40mg Purbloka 40mg
	R75	R85	Beta blocking agents: Selective	Sotalol	Sotalol 80mg; 160mg
					Atenolol
	R25	R25	Cardiac glycosides: Digoxin	Digoxin	Lanoxin 0.0625mg; 0.25mg Lanoxin paediatric/geriatric syrup 0.05mg/1ml
R230	R320	Selective calcium channel blockers with direct cardiac effects	Verapamil	Vasomil 40mg; 80mg Verahexal SR 240mg	
Epilepsy	R185	R285	Anti-epileptics: Benzodiazepine derivatives	Clonazepam	Clonam 0.5mg; 2mg
					Rivotril 0.5mg; 2mg
	R290	R385	Anti-epileptics: Carboxamide derivatives	Carbamazepine	Degranol 200mg
					Tegretol CR 200mg; 400mg
					Zeptol 200mg
	R490	R490	Anti-epileptics: Fatty acid derivatives	Valproic acid	Convulex 150mg
					Convulex syrup 250mg/5ml
					Epilim crushable 100mg
					Epilim sugar-free syrup 200mg/5ml
					Epilazine CR 200mg; 300mg; 500mg
Eprolep CR 200mg; 300mg; 500mg					
Navalpro CR 200mg; 300mg; 500mg					
Valeptic CR 300mg; 500mg					
R85	R85	Anti-epileptics: Hydantoin derivatives	Phenytoin	Phenytoin sod 100mg	
R310	R410	Anti-epileptics: Other agents	Lamotrigine	Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg	
				Epitec 25mg; 50mg; 100mg; 200mg	
				Girotec 50mg; 100mg; 200mg	
				Lamidus 50mg	
R30	R30	Anti-epileptics: Barbiturates and derivatives	Topiramate	Lamitor 25mg; 50mg; 100mg; 200mg	
				Phenobarbital	Epitoz 25mg; 50mg; 100mg Lethyl 30mg Sedabarb 30mg

Prescribed Minimum Benefit condition	CDA for Active and Focus Options	CDA for Core and Comprehensive Options	Medicine class	Active ingredient	Medicine name and strength	
Epilepsy	R5	R5	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg	
					Folic acid 0.5mg	
Glaucoma	R175	R225	Anti-glaucoma agents: Carbonic anhydrase inhibitors	Dorzolamide	Glaucompress 5ml 2%	
					Trusopt 5ml owi 2%	
	R225	R235	Anti-glaucoma agents: Prostaglandin analogues	Bimatoprost	Lumigan 0.01%	
					Latanoprost	Atana 2.5ml 50mcg/1ml
						Spersatan 2.5ml 50mcg/1ml
					Xalatan 2.5ml 50mcg/1ml	
	Travoprost	Travatan 2.5ml 0.004%				
	R235	R270	Anti-glaucoma agents: Sympathomimetics	Brimonidine	Alphagan purite 5ml 1.5mg/1ml	
					Brimoct 5ml 2mg/1ml	
	R100	R100	Anti-glaucoma Beta blocking agents: Timolol	Timolol	Glaucosan 5ml 0.5%	
	R275	R295	Anti-glaucoma Beta blocking agents: Timolol, combinations	Timolol, combinations	Occumol 5ml 0.5%	
					Azarga 5ml	
					Co-Atana 2.5ml	
					Combigan 5ml 2mg/5mg	
					Cosopt 5ml 0.5%	
Duotrav 2.5ml						
Ganfort 3ml						
Glauaide-co 5ml						
Glauopt co 5ml						
Xalacom 2.5ml						
Haemophilia	R5	R5	Analgesics: Paracetamol	Paracetamol	Adco-Napamol 500mg	
					Adco-Prolief 500mg	
					Cetapon 500mg	
	R220	R220	Anti-fibrinolytics: Amino acids	Tranexamic acid	Painogestic 500mg	
	R50 000	R50 000	Blood coagulation factors	Coagulation factor IX	Tranexamic Acid Medwich 500mg	
Coagulation factor VIII				Haemosolvex IX 500U		
R1 450	R1 700	Posterior pituitary hormones: Vasopressin and analogues	Desmopressin	Haemosolvate VIII 300U; 500U; 1000U		
				Ddavn 0.1mg; 0.2mg		
Ddavn nasal spray 5ml 0.1mg/1ml						
Hyperlipidaemia	R290	R290	Lipid modifying agents: Fibrates	Bezafibrate	Dyna-Bezafibrate SR 400mg	
	R50	R55	Lipid modifying agents: Statins	Atorvastatin	Sandoz Bezafibrate 400mg	
					Adco Atorvastatin 10mg; 20mg; 40mg	
					Aspavor 10mg; 20mg; 40mg; 80mg	
					Astor 40mg	
					(Not available on KeyPlus Option)	
					Astor 80mg	
					Atolip 10mg; 20mg; 40mg; 80mg	
					Atorvastatin Unicorn 10mg; 20mg; 40mg	
					Dynator 40mg	
					(Not available on KeyPlus Option)	
					Dynator 80mg	
					Lestavor 10mg; 20mg; 40mg 80mg	
					Lipogen 10mg; 20mg; 40mg 80mg	
					Vastor 10mg; 20mg; 40mg; 80mg	
					Adco-Simvastatin 10mg; 20mg; 40mg	
					Aspen Simvastatin 10mg; 20mg; 40mg	
Austell-Simvastatin 10mg; 20mg; 40mg						
Choleste 20mg; 40mg						
Cipla-Simvastatin 10mg; 20mg; 40mg						
Simvacor 40mg						
Zysim 10mg; 20mg						
Hypertension	R200	R200	ACE inhibitors and calcium channel blockers	Perindopril and Amlodipine	Coveram 5/5mg; 10/5mg; 5/10mg; 10/10mg	
					(Only Core and Comprehensive Options)	

Prescribed Minimum Benefit condition	CDA for Active and Focus Options	CDA for Core and Comprehensive Options	Medicine class	Active ingredient	Medicine name and strength
Hypertension	R100	R125	ACE inhibitors and diuretics	Enalapril and diuretics	Enap co 20/12.5mg
					Pharmapress co 20/12.5mg
				Lisinopril and diuretics	Adco-Zetomax co 10/12.5mg; 20/12.5mg
					Lisinopril co Unicorn 10/12.5mg; 20/12.5mg
					Lisoretic 10/12.5mg; 20/12.5mg
					Lisozide 10/12.5mg; 20/12.5mg
					Zestoretic 10/12.5mg; 20/12.5mg
				Perindopril and diuretics	Bioprexum Plus 10/2.5mg (Only Core and Comprehensive Options)
					Ciplasyl Plus 4/1.25mg (Only Core and Comprehensive Options)
					Pearinda Plus 4/1.25mg (Only Core and Comprehensive Options)
					Perindopril co Unicorn 4/1.25mg (Only Core and Comprehensive Options)
					Prexum Plus 5/1.25mg (Only Core and Comprehensive Options)
	Vectoryl Plus 4/1.25mg (Only Core and Comprehensive Options)				
	R85	R120	ACE inhibitors: Plain	Captopril	Adco-Captomax 25mg; 50mg
					Bio-Captopril 25mg
					Mylan Captopril 25mg; 50mg
				Enalapril	Alapren 5mg; 10mg; 20mg
					Enalapril Biotech 5mg; 10mg; 20mg
					Enalapril Unicorn 10mg; 20mg (Not available on KeyPlus Option)
					Envas 5mg; 10mg (Not available on KeyPlus Option)
					Hypace 5mg
				Lisinopril	Austell-Lisinopril 10mg; 20mg
					Sinopren 5mg; 10mg; 20mg
				Perindopril	Ciplasyl 4mg (Not available on KeyPlus Option)
					Ciplasyl 8mg (Only Core and Comprehensive Options)
					Pearinda 4mg; 8mg (Only Core and Comprehensive Options)
					Perindopril Unicorn 4mg; 8mg (Only Core and Comprehensive Options)
					Prexum 5mg (Only Core and Comprehensive Options)
					Ran-Perindopril 4mg
					Spec-Perindopril 4mg; 8mg (Only Core and Comprehensive Options)
					Quinapril
	R230	R260	Alpha and Beta blocking agents	Carvedilol	Aspen Carvedilol 6.25mg; 12.5mg; 25mg
					Carloc 6.25mg; 12.5mg; 25mg
					Carvedilol Unicorn 6.25mg; 12.5mg; 25mg
					Carvetrend 6.25mg; 12.5mg; 25mg
					Vediblok 6.25mg; 12.5mg; 25mg
R120	R120	Angiotensin II antagonists: Combinations	Losartan and diuretics	Hytenza co 50/12.5mg	
				Losaar Plus 50/12.5mg; 100/25mg	
				Losacar co 50/12.5mg	
				Losartan co Unicorn 50/12.5mg; 100/25mg	
				Netrasol co 50/12.5mg; 100/25mg	
			Zartan co 50/12.5mg; 100/25mg		
			Valsartan and diuretics	Dynaval co 80/12.5mg; 160/12.5mg; 160/25mg (Only Core and Comprehensive Options)	

Prescribed Minimum Benefit condition	CDA for Active and Focus Options	CDA for Core and Comprehensive Options	Medicine class	Active ingredient	Medicine name and strength
Hypertension	R85	R130	Angiotensin II antagonists: Plain	Irbesartan	Dynarb 150mg; 300mg (Only Core and Comprehensive Options)
				Losartan	Ciplazar 100mg (Only Core and Comprehensive Options)
					Losartan Unicorn 100mg (Only Core and Comprehensive Options)
					Spec-Losartan 100mg (Only Core and Comprehensive Options)
					Zartan 100mg (Only Core and Comprehensive Options)
	R175	R175	Anti-adrenergic agents: Alpha-adrenoreceptor antagonists	Doxazosin	Cardugen 1mg; 4mg
	R170	R170	Anti-adrenergic agents: Methyldopa	Methyldopa	Hypotone 250mg Mylan Methyldopa 250mg
	R30	R30	Anti-adrenergic agents: Rauwolfia alkaloids	Reserpine	Reserpine 0.25mg
	R100	R100	Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives	Hydralazine	Hyperphen 10mg; 50mg
					Sandoz Hydralazine 25mg
	R85	R200	Beta blocking agents: Non-selective	Propranolol	Inderal 10mg
					Indoblok 10mg; 40mg
					Purbloka 40mg
	R75	R85	Beta blocking agents: Selective	Atenolol	B-Block 100mg
					Bio-Atenolol 50mg; 100mg
					Gulf Atenolol 50mg; 100mg
					Tenopress 50mg; 100mg
					Zetenol 50mg; 100mg
	R20	R40	High-ceiling diuretics	Furosemide	Dino-Retic 40mg
					Diuresix 40mg
					Furobe 40mg
					Mylan Furosemide 40mg
	R15	R15	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Hexazide 25mg Ridaq 12.5mg
	R25	R25	Low-ceiling diuretics: excluding Thiazides	Indapamide	Cipla-Indapamide 2.5mg
					Dapril 2.5mg
					Mylan Indapamide 2.5mg
	R120	R120	Potassium sparing agents	Spironolactone	Aldactone 25mg
					Sandoz Spironolactone 25mg
					Spiractin 25mg
					Plenish K 600mg
	R105	R105	Potassium supplements	Potassium chloride	Potassium Chloride Unicorn 600mg
					Sandoz K-600 600mg
					Ultipot 600mg
					Adco-Zildem 60mg
	R230	R320	Selective calcium channel blockers with direct cardiac effects	Diltiazem	Adco-Zildem SR 180mg; 240mg
					Verapamil
				Verahexal SR 240mg	
				R100	
	Austell-Amlodipine 5mg; 10mg				
	Calbloc 5mg; 10mg				
	Ciplavasc 5mg; 10mg				
	Gulf Amlodipine 5mg; 10mg				
	Lomanor 5mg; 10mg				
	Pendine 5mg; 10mg				
	Pharma Dynamics Amlodipine besylate 5mg; 10mg				

Prescribed Minimum Benefit condition	CDA for Active and Focus Options	CDA for Core and Comprehensive Options	Medicine class	Active ingredient	Medicine name and strength	
Hypertension	R100	R130	Selective calcium channel blockers with mainly vascular effects	Felodipine	Felodipine-Hexal 5mg; 10mg (Only Core and Comprehensive Options)	
					Plendil 2.5mg; 5mg (Only Core and Comprehensive Options)	
				Nifedipine	Cipalat Retard 20mg	
Hypothyroidism	R45	R45	Thyroid hormones	Levothyroxine sodium	Euthyrox 25mcg; 50mcg; 100mcg	
Multiple sclerosis	R85	R85	Anti-depressants: Tricyclics	Amitriptyline	Gulf Amitriptyline 25mg	
					Sandoz Amitriptyline 25mg	
					Trepiline 10mg	
	R210	R265	Drugs for urinary frequency and incontinence	Oxybutynin	Lenditro 5mg	
					Mylan Oxybutynin 5mg	
					Oxyrest 5mg	
	R10 665	R10 665	Interferons	Interferon beta-1a	Avonex pre-filled syringe 0.5ml 30mcg/0.5ml	
					Rebif 22 pre-filled syringe 0.5ml 22mcg/0.5ml	
					Rebif 22 rebidose pre-filled pen 0.5ml 22mcg/0.5ml	
					Rebif 44 pre-filled syringe 0.5ml 44mcg/0.5ml	
Rebif 44 rebidose pre-filled pen 0.5ml 44mcg/0.5ml						
			Interferon beta-1b	Betaferon pre-filled syringe 1ml 9600000U/1ml		
R1 250	R1 250	Muscle relaxants: Other centrally acting agents	Baclofen	Bio-Baclofen 10mg		
				Teva Baclofen 10mg		
R15	R15	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg		
				Panafcort 5mg		
				Trolic 5mg		
Parkinson's disease	R380	R380	Anticholinergic agents: Tertiary amines	Biperiden	Akineton 2mg	
	R725	R725	Dopamine agonists	Pramipexole	Mylan Pramipexole 0.125mg; 0.25mg; 1mg	
					Oxpola 0.125mg; 0.25mg; 1mg	
					Pramex 0.125mg; 0.25mg; 1mg	
					Ropinirole	Accord Ropinirole 0.25mg; 0.5mg; 1mg; 2mg; 5mg
					Requip 0.25mg; 0.5mg; 1mg; 2mg; 5mg	
R280	R280	Dopaminergic agents: Adamantane derivatives	Amantadine	Symadin 100mg		
R505	R635	Levodopa and decarboxylase inhibitor	Levodopa and decarboxylase inhibitor	Sinemet 25/100mg; 25/250mg		
				Teva Carbi-Levo 25/100mg; 25/250mg		
Rheumatoid arthritis	R65	R65	Anti-inflammatory agents: Acetic acid derivatives and related substances	Diclofenac	Adco-Diclofenac 50mg	
					A-Lennon Diclofenac 25mg; 50mg	
					Diclofenac Biotech 25mg	
					Mylan Diclofenac 25mg; 50mg	
					Panamor AT 50mg	
					Indomethacin	Betacin 25mg
					Gulf Indomethacin 25mg	
	Methocaps 25mg					
	R85	R335	Anti-inflammatory agents: Coxibs	Celecoxib	Coxleone 100mg; 200mg (Only Core and Comprehensive Options)	
	R75	R100	Anti-inflammatory agents: Oxicams	Meloxicam	Adco-Meloxicam 15mg	
Coxflam 7.5mg						
Flexocam 7.5mg						
Medoxicam 7.5mg						
Zydus-Meloxicam 7.5mg						
Piroxicam					Pyrocaps 20mg	
Roxifen 20mg						

Prescribed Minimum Benefit condition	CDA for Active and Focus Options	CDA for Core and Comprehensive Options	Medicine class	Active ingredient	Medicine name and strength	
Rheumatoid arthritis	R30	R30	Anti-inflammatory agents: Propionic acid derivatives	Ibuprofen	Betaprofen 200mg	
					Betaprofen FC 400mg	
					Bren 400mg	
					Ibucine 200mg; 400mg	
					Ibunate 200mg	
					Ranfen 400mg	
				Naproxen	Mylan Naproxen 250mg	
					Naproscript 250mg	
	R105	R105	Anti-rheumatic agents: Chloroquine	Chloroquine	Plasmoquine 200mg	
	R5	R5	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg	
					Folic acid 0.5mg	
	R810	R810	Intestinal anti-inflammatory agents: Aminosalicylic acid and similar agents	Sulfasalazine	Salazopyrin 500mg	
					Salazopyrin EN 500mg	
	R690	R690	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun 50mg	
					Azathioprine PCH 50mg	
	R250	R250	Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg	
					Methotrexate 2.5mg	
R15	R15	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg		
				Panafcort 5mg		
				Trolic 5mg		
Schizophrenia	R120	R160	Anti-depressants: SSRI's	Citalopram	Adco-Talomil 20mg	
					Arrow Citalopram 40mg	
					Bio Citalopram 20mg	
					Cilate 20mg	
				Escitalopram	Accord Escitalopram 10mg; 20mg (Only Core and Comprehensive Options)	
					Zitolex 10mg; 20mg (Only Core and Comprehensive Options)	
					Zytomil 10mg; 20mg (Only Core and Comprehensive Options)	
					Fluoxetine	
				Fluoxetine	Deprozan 20mg	
					Fluoxetine Actor 20mg	
					Prolax 20mg	
					Ranflocs 20mg	
				Sertraline	Dyna Sertraline 50mg; 100mg	
					Serdep 50mg; 100mg (Only Core and Comprehensive Options)	
					Serlife 50mg; 100mg (Only Core and Comprehensive Options)	
					R290	R385
			Tegretol CR 200mg; 400mg			
			Zeptol 200mg			
	R615	R945	Anti-psychotics: Clozapine	Clozapine	Aspen Clozapine 25mg; 100mg	
			Cloment 25mg; 100mg			
	R590	R590	Anti-psychotics: Olanzapine	Olanzapine	Olawin 5mg; 10mg	
					Olawin oradispersible 5mg; 10mg	
					Olexar 5mg; 10mg	
Prexolan ODT 5mg; 10mg						
Redilanz 5mg; 10mg						
Zylena 5mg; 10mg						
R400	R400	Anti-psychotics: Phenothiazines with aliphatic side-chain	Chlorpromazine	Largactil 25mg; 100mg		
R335	R335	Anti-psychotics: Quetiapine	Quetiapine	Dopaquel 25mg; 100mg; 200mg; 300mg		
				Mylan Quetiapine 25mg; 100mg; 200mg; 300mg		

Prescribed Minimum Benefit condition	CDA for Active and Focus Options	CDA for Core and Comprehensive Options	Medicine class	Active ingredient	Medicine name and strength
Schizophrenia	R335	R335	Anti-psychotics: Quetiapine	Quetiapine	Psyquet 25mg; 100mg; 200mg; 300mg
					Quetiapine Biotech 25mg; 100mg; 200mg; 300mg
					Quetoser 25mg; 100mg; 200mg; 300mg
					Serez 25mg; 100mg; 200mg; 300mg
					Spec Quetiapine 25mg; 100mg; 200mg; 300mg
	R515	R650	Anti-psychotics: Thioxanthene derivatives	Flupenthixol	Fluanxol 0.5mg; 1mg
					Fluanxol depot 1ml 20mg
					Fluanxol depot 2ml 40mg
				Zuclopenthixol	Clopixol 2mg; 10mg
					Clopixol depot 200mg
					R585
	Risnia 0.5mg; 1mg; 2mg; 3mg				
	Rispacor 0.5mg; 1mg; 2mg; 3mg				
Rispevon 1mg; 2mg; 3mg; 4mg					
Systemic lupus erythematosus (SLE)	R65	R65	Anti-inflammatory agents: Acetic acid derivatives and related substances	Diclofenac	Adco-Diclofenac 50mg
					A-Lennon Diclofenac 25mg; 50mg
					Diclofenac Biotech 25mg
				Indomethacin	Mylan Diclofenac 25mg; 50mg
					Panamor AT 50mg
					Betacin 25mg
	R85	R335	Anti-inflammatory agents: Coxibs	Celecoxib	Coxleone 100mg; 200mg (Only Core and Comprehensive Options)
					R75
	Coxflam 7.5mg				
	Flexocam 7.5mg				
	Piroxicam	Medoxicam 7.5mg			
		Zydus-Meloxicam 7.5mg			
	R30	R30	Anti-inflammatory agents: Propionic acid derivatives	Ibuprofen	Pyrocaps 20mg
					Roxifen 20mg
					Betaprofen 200mg
					Betaprofen FC 400mg
					Bren 400mg
					Ibucine 200mg; 400mg
				Naproxen	Ibunate 200mg
					Ranfen 400mg
					Mylan Naproxen 250mg
	R105	R105	Anti-rheumatic agents: Chloroquine	Chloroquine	Naproscript 250mg
	R85	R85	Anti-thrombotic agents: Vitamin K antagonists	Warfarin	Plasmoquine 200mg
	R30	R35	Aspirin	Acetylsalicylic acid	Cipla-Warfarin 1mg; 5mg
	R25	R25	Emollients and protectives: Zinc products	Zinc products	Myoprin 100mg
	R5	R5	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg
					Folic acid 0.5mg
R690	R690	Other immuno-suppressive agents: Azathioprine	Azathioprine	Azamun 50mg	
				Azathioprine PCH 50mg	
R250	R250	Other immuno-suppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg	
				Methotrexate 2.5mg	
R15	R15	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
				Panafcort 5mg	

Prescribed Minimum Benefit condition	CDA for Active and Focus Options	CDA for Core and Comprehensive Options	Medicine class	Active ingredient	Medicine name and strength
Systemic lupus erythematosus (SLE)	R15	R15	Systemic Corticosteroids: Prednisone	Prednisone	Trolic 5mg
	R25	R25	Topical Corticosteroids: Group III	Betamethasone	Repivate cream 0.1%
					Topivate cream 0.1%
Vari-Betamethasone cream 0.1%					
Ulcerative colitis	R5	R5	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg
					Folic acid 0.5mg
	R810	R810	Intestinal anti-inflammatories: Aminosalicic acid and similar agents	Mesalazine	Asacol 400mg; 800mg
					Mezavant 1200mg
					Pentasa 500mg; 1000mg
					Salofalk 1000mg
					Olsalazine
	Sulfasalazine	Salazopyrin 500mg			
	Salazopyrin EN 500mg				
	R1 940	R1 940	Intestinal anti-inflammatories: Corticosteroids	Budesonide	Entocord enema
	R690	R690	Other immuno-suppressive agents: Azathioprine	Azathioprine	Azamon 50mg
					Azathioprine PCH 50mg
R250	R250	Other immuno-suppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg	
				Methotrexate 2.5mg	
R15	R15	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
				Panafcort 5mg	
				Trolic 5mg	

Complaints process

You may lodge a complaint or query with LA Health Medical Scheme directly on **0860 103 933** or address a complaint in writing to the Principal Officer at the Scheme's registered address. Should your complaint remain unresolved, you may lodge a formal dispute by following the LA Health Medical Scheme internal disputes process.

You may, as a last resort, approach the Council for Medical Schemes for assistance.

Council for Medical Schemes Complaints Unit, Block A, Eco Glades 2 Office Park, 420 Witch-Hazel Avenue, Eco Park, Centurion, 0157 / **0861 123 267** / complaints@medicalschemes.com / www.medicalschemes.com