



## Hand and Foot Treatments

*All hand and foot treatments are pregnancy safe.*

### Hamilton Revival

Half body massage | Performance facial | Head and neck | Express manicure OR pedicure

A ritual of pure bliss. Recharge the body as tension eases from the back, neck and shoulders, nails are buffed to perfection and our performance facial reveals the skin's natural glow.

**90 minutes - \$225**

### wumurdaylin Hand Print

Exfoliation | Wrap | Hydration massage | Cuticle | File | Polish

Allow us to nurture you and your nails. A deluxe manicure that hydrates and heals overworked hands\*.

**60 minutes - \$135**

### wumurdaylin Foot Print

Exfoliation | Wrap | Hydration massage | Cuticle | File | Polish

The perfect treat for feet that need a holiday boost as much as you do. A deluxe pedicure that leaves your body and feet feeling well 'heeled'.

**60 minutes - \$135**

### Express Hand or Foot Print

Hydration treatment | Buff | File | Polish

Perfect for people on the go. Recharge the hands or feet with an express treatment to ensure you are holiday ready.

**30 minutes - \$75**

*\*French polish is available with 60 minute hand print or foot print only. Shellac or gel polish removal is not available.*



## Enhancements

*The perfect option to accompany any chosen facial, hand or foot treatment.*

*All spa enhancements are pregnancy safe.*

### Hand or Foot Ritual

Exfoliation | Hot compress | Hydration massage

Sublime restoration for your feet or hands as aches and tension melt away.

**15 minutes - \$40**

### Head and Neck

Hair masque | Pressure point head and neck massage

Repair your hair after a day at Catseye Beach and indulge in a signature pressure point head and neck massage.

**15 minutes - \$40**



## Massage Therapies

*For a healing touch applied with skill and care.*

### Relaxation

Still the mind and ease aches. Relax and find your zen with this rhythmical massage designed to rebalance and rejuvenate the body.

**30 mins - \$95 | 60 mins - \$150 | 90 mins - \$205**

### Sensory enhancement

Purity | Enliven | Allure | Dreamblend

Customise your massage with the choice of LaGaia's signature aromatherapy blends.

**Addition - \$5**

### Pregnancy

A soothing massage for mother and baby. A relaxation massage applied with skill and care. Suitable for 12 week gestation onwards.

**30 mins - \$95 | 60 mins - \$150 | 90 mins - \$205**

### Deep Release

Experienced hands use corrective techniques to work out underlying tension and relieve sore aching muscles.

**30 mins - \$100 | 60 mins - \$155 | 90 mins - \$215**

### Recovery

A signature massage with blends of arnica, almond and jojoba oil, designed to reduce inflammation and stimulate circulation.

**30 mins - \$100 | 60 mins - \$155 | 90 mins - \$215**

### Hot Stone

Body and soul in balance. Hot stones and coconut oil warm the body during this wholesome ritual to melt away tension.

**90 mins - \$225**


### Spa Etiquette

**Arrival** Please arrive 15 minutes prior to your booking time to complete your consultation form, relax and allow us to be on time for all guests.

**Reservations** Advanced bookings are necessary to ensure your preferred treatment and appointment time.

**Cancellation Policy** A 50% cancellation fee will apply to all appointments cancelled within 24 hours.

**Health Considerations** Please advise us if you have allergies, are experiencing sunburn, or have any health concerns prior to your treatment.

**Pregnancy** Certain spa treatments are not recommended during your first trimester. Please see various treatments marked with a  which are pregnancy safe. If you are pregnant please advise the spa reception upon booking.

**Privacy** Our caring and professional therapists have the utmost respect for your privacy and will keep any personal information completely confidential. It is our intention to provide a safe, healing environment where we can all relax and enjoy a spa experience.

**Spa Manners** Please keep noise to a minimum at all times in consideration for all guests. Mobile phones and cigarettes are asked to be used outside the spa environment.

**Attire** Please wear comfortable clothing. Bath robes and disposable underwear will be provided for all required treatments.

**Valuables** We highly recommend leaving valuables and jewellery in the safe at your hotel room, or utilising our lockers in the bathrooms.

**Environment** Please respect the environment and other guests by keeping towel use minimal and limit your shower time in the spa to no longer than 10 minutes.

**Payment** The spa accepts eftpos and all major credit cards. In-house guests may charge their treatments to their room account.

**Retail Range** Indulge in some retail therapy with our extensive range of beauty, body, bath, and gift products.

**Gift Vouchers** Spa gift vouchers are available for all treatments, and are always a well-received gift idea. Please visit or call reception.

**Facilities** The spa has on-site bathrooms and showers for spa visitors only, two vichy shower rooms, two rain shower rooms and four couples rooms (treatment choice dependent).

**Location** The spa is located 50m past WILD LIFE Hamilton Island, between Hamilton Island Weddings and Buggy Hire. Limited parking is available. Please use the Resort Centre buggy parking area if required.

**Age** Guests must be over the age of 12. Guests aged between 12 and 16 must have a parent or guardian accompanying them into the treatment room.

**Opening Hours – 9am–7pm daily**

**Contact Number – 07 4946 8669 or extension 68669**

*Effective July 2019. Prices subject to change.*

SPA

wumurdaylin





wumurdaylin  
{woo-mer-day-lin}  
meaning dragonfly

Set amongst the beautiful Whitsundays, Spa wumurdaylin welcomes you to our divine relaxation haven. Our warm and relaxed approach invites you to indulge in a sensory experience themed to our stunning natural surrounds of pure oceanic bliss.

'wumurdaylin' – meaning 'dragonfly', symbolises renewal, freedom and beauty, alongside strength and happiness for all. Often found near water, the dragonfly represents our spa ethos here on Hamilton Island with appreciation of this wonderful holiday destination and environment captured perfectly from the dragonfly's view above.

Carefully selected spa products from **LaGaia Unedited** have been chosen to provide a unique experience that captures the beauty of the Whitsunday Islands and our destination spa.

**LaGaia Unedited**, based on the purest philosophy of 'unedited' Australian Beauty. We embody wellness, pH balanced skin, positive ageing and natural ingredients to provide a luxurious and restorative experience, designed to enhance your well-being without harming our precious environment. Our product range is focused and scientifically formulated to deliver results. For those looking for truth in skin products, here it is.... unedited.

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LAGAIA UNEDITED  
www.lagaia.com.au

## Signature Island Rituals

Experience our signature spa rituals through these indulgent spa packages designed to enhance the senses and relax the body.

### Seaside Dream

Crème exfoliation | Mud wrap | Head and neck | Full body massage | Radiance facial

Stir the senses in this three hour journey of healing and rejuvenation. Retreat to your inner sanctuary as the hair, skin, face and muscles are nurtured with mineral rich and aromatic blends to promote ultimate restoration and balance. ⌘

**180 minutes – \$450**

### Precious Elements

Crème exfoliation | Mud wrap | Head and neck | Hydration massage

Purify the mind, body and soul. Radiance is restored as our sublime exfoliation unearths fresh skin, whilst our rich masque infuses the healing properties of earth's precious elements. ⌘

**90 minutes – \$255**

**120 minutes – \$300**

### Soul Temple

Sugar exfoliation | Vichy shower | Under water massage

Embark on a journey of sensory indulgence. Sweet sugar scrub exfoliates and renews the skin as you are eased into our Signature Vichy Revival Ritual. Body and mind are left feeling nourished and reborn.

**60 minutes - \$175**

### Sun Worshipper

Hair, face and body hydration treatment | Head and neck

Wrapped in healing arms. The perfect holiday treatment that deliciously quenches and drenches skin in luscious hydration. Precious serums and gels repair UV damage and prolong a golden skin tone. Perfect for those that love a sun kissed holiday. ⌘

**60 minutes - \$175**

## Island Spa Packages

The ideal spa packages to embrace time away from the everyday stresses.

### De-Stress Package

Massage | Foot treatment | Head and neck

Transcend into pure relaxation. Ideal for over-worked bodies and minds, our signature techniques and movements are designed to unravel tension and instill tranquility. ⌘

**60 minutes - \$165** (Half body massage and foot treatment)

**90 minutes - \$225** (Full body massage and foot treatment)

### Rejuvenation Package

Massage | Performance facial | Head and neck

A treat for the skin and soul. This ritual is the ultimate combination to restore the skin's radiance and recharge the body. ⌘

**60 minutes - \$165** (Half body massage and performance facial)

**90 minutes - \$225** (Full body massage and performance facial)

### Double Indulgence

Aromatherapy massage | Foot and hand treatment | Performance Facial | Head and neck

Drift away in paradise with this head to toe treatment designed to cleanse, nourish, and soothe both face and body. Perfect to indulge together or as one. ⌘

**120 minutes**

**Per person - \$275**

**Per couple - \$545**

### Island Escape

Sugar exfoliation | Hydration massage | Performance facial | Express manicure and pedicure | Head and neck

Embrace the calm in this total body experience. Ascend into a tropical haven as hair, skin, face and nails are spoiled and nurtured with deluxe product fusions and exceptional care. Radiant and glowing, a new you emerges. ⌘

**180 minutes - \$430**

All body exfoliations and body wraps can be in either a Vichy shower or rain shower room.

Body wraps include exfoliation, body wrap and hair and scalp treatment.

⌘ Pregnancy safe treatment.

## Island Facials

Discover the secret to younger, brighter and healthier skin.

⌘ All island facials are pregnancy safe.

### Mother Nature

Anti-Ageing radiance facial | Gua Sha stone massage | Head and neck | Hand ritual

Precious beauty, filter free. Utilizing nature's master healers for the ultimate anti-ageing therapy, prepare for your skin and spirit to be enveloped by the precious elements of Hamilton Island. ⌘

**90 minutes - \$225**

### Radiance

Brightening | Hydrating | Rebalancing

Tailored specifically to achieve the above results. Regenerate skin back to how nature intended. Organic herbal tinctures are used to infuse vitamins, botanicals and minerals into the deepest dermal layers. A rebalancing ritual that loves Mother Nature's best. ⌘

**60 minutes - \$160**

### Performance

Express facial treatment

Combine relaxation and rejuvenation. Science and nature collide for a results focused facial, designed to revive skin's natural radiance. ⌘

**30 minutes - \$95**

## Enhancements

The perfect option to accompany any chosen facial.

⌘ All enhancements are pregnancy safe.

### Lips to Love

Refining Cleanse | Lip masque | Hydration

Restore luscious lips with botanical layering to smooth and quench tired, chapped lips.

### Diamond Eye

Masque | Massage | Diamond eye treatment

The ultimate addition to any facial treatment – fight dark circles and fine lines to return a youthful glow to the eyes.

### Precious Stones

Gua Sha Facial Massage

An indulgent ritual that uses precious stones to infuse active botanicals and reduce fluid retention. Radiance awaits.

**15 minutes - \$40 each**