# Official 2018 Charity Walk Registration Form







VAIVIE			AGE	TEL. NO.	
(Last)	(First)	(1	Middle Initial)		
MAILING ADDRESS			EMAIL		
CITY	CTATE	710	00541	WZATION/CCI IOO!	
CITY	STATE	ZIP	ORGAN	IIZATION/SCHOOL	
CHARITY WALK, on behalf of mys damages which I may have agair the CHARITY WALK, their heirs, ex CHARITY WALK, or as a result the mage and likeness while at the C Walkers under the age of 12 mus	ice of your purposes, objectives and self, my heirs, executors, administrate inst you, the properties through whice xecutors, administrator, successors a greof. I also allow the CHARITY WALK CHARITY WALK in any and all media of the accompanied by an adult.	ors and assign th the CHARIT and assigns for and its affiliat now known o	s, I hear by waive and Y WALK will take plac I any and all injuries v es the right to publis Ir hereafter devised.	d release any and all rights e, as well as any person(s) which I may suffer while ta	and claims for connected with king part in the
X		Χ			
WALKER'S SIGNATURE		PARENT O	R GUARDIAN (IF WAL	KER IS UNDER 18 YEARS)	
IMPORTA	NT: Walkers under the age of 18 mu	st have this ap	plication signed by p	parent or guardian.	

TURN IN THIS SHEET BEFORE WALK. MAKE A COPY FOR YOURSELF.								
	PRINT SPONSORS' LAST NAMES	NUMBER, STREET, TOWN, ZIP CODE		DONATION	AMOUNT COLLECTED			
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17								
18								
I AM UNABLE TO PARTICIPATE BUT WOULD LIKE TO MAKE A DONATION								
Thank you for joining the Visitor Industry CHARITY WALK.  Please make checks payable to CHARITY WALK.  TOTALS *								

Hawai'i Lodging & Tourism Association 2270 Kalakaua Avenue, Suite 1702, Honolulu Hawaii 96815 telephone 808-923-0407 or your island contact. www.charitywalkhawaii.org \*A Walker should have donations totaling \$40 or more (under 18 years old \$25 regardless of age).

All donations may be tax deductible.

## Instructions for Walkers

## **BEFORE THE CHARITY WALK**

- 1. Walkers may have as many sponsors as they can find. A walker should have donations totaling \$40 or more (under 18 years old is \$25 regardless of age). Individual organizations may have higher minimums for t-shirts, etc.
- 2. Donation forms should be filled out clearly and legibly.
- 3. Original copy of the walker form and monies collected are to be turned into your company representative or the Charity Walk headquarters prior to the walk or at the registration desk on the day of the walk.
- 4. Make and keep a copy of the Charity Walk form for yourself.
- 5. We recommend flat donations.
- 6. Donations should be collected prior to the walk so funds may be submitted during registration.

## MORNING OF THE CHARITY WALK

- 1. Leave ALL pets at home including dogs in strollers or on leashes.
- 2. Turn in collected donations to the registration desk if you have not preregistered or if you collected additional monies.
- 3. Registration will be located at the starting point (see map).
- 4. Remember to make transportation arrangements for after the CHARITY WALK.

## For More Information

Call 808-923-0407 (O'ahu only)

#### **DURING THE CHARITY WALK**

- 1. Obey all traffic regulations. Always walk on the sidewalks where possible.
- 2. Wear light-colored clothing so that you are more easily visible to drivers.
- 3. First aid supplies will be on hand at all checkpoints.
- 4. Do not accept a ride from any car that is not marked as an official CHARITY WALK car! Transportation in official CHARITY WALK cars will be available to return tired/injured walkers to the starting point.
- 5. Keep our State clean DO NOT LITTER! 6. If you have had it - QUIT. The CHARITY WALK is not a race or endurance contest. Qualified personnel at checkpoints may advise you to drop out if you appear ill/ injured. PLEASE take their advice.

# Tips for Walkers & Parents

### **TIPS FOR WALKERS**

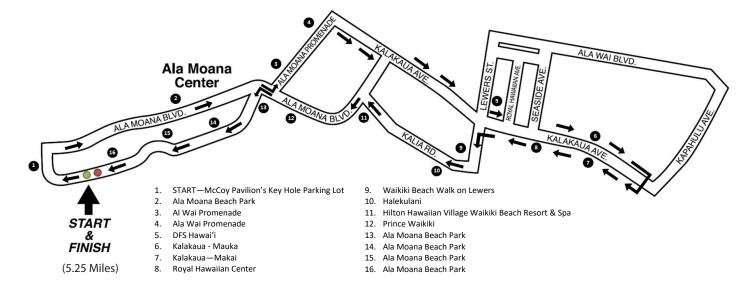
- 1. After the first couple of miles, walking is warm business so don't overdress.
- 2. Carry enough money for phone calls and bus fare.
- 3. Water and other refreshments will be provided at checkpoints along the route. Eat lightly beforehand.
- 4. Wear comfortable walking shoes and a thick pair of socks.
- 5. Dress for the weather. The CHARITY WALK will go on, rain or shine.
- 6. Bring only items that can be easily carried (ie., sunglasses, lotion).

- 7. Walk at a rate that is best for you to conserve energy.
- 8. Skates, roller blades, scooters/razors, bicycles & skateboards should not be used due to increased pedestrian and vehicle traffic.

## **TIPS FOR PARENTS**

1. The CHARITY WALK will be patrolled. Walkers will be taken to starting point if they cannot complete the course. Please instruct your children to phone you regarding their plans for getting home.

- 2. If you arrange to meet your children at the starting point, pick a specific place on the grounds that you all know.
- 3. Have your child carry identification.
- 4. We have no way of knowing where along the route your child may be at any given time. If you feel the need to know, please ask him/her to call you at regular intervals.
- 5. Your young people are helping us. They are giving their time and spirit to help others. We want them to be safe and to stop walking before they reach exhaustion. Please ask them to follow the tips on this card.



NOTE: There will be rolling walker starts between 7:00 am - 7:30 am, mahalo for your patience.

You can also register to walk and fundraise through our online Charity Walk website: