



# ティップネスグループ エクササイズ タイムスケジュール



# SPECIAL THANKS DAY 11.23(fri)

今年も笑顔と感謝をクロスさせる特別な企画が盛りだくさん!

09:00	丸の内スタイル		TIP.X TOKYO SHIBUYA				TIP.X TOKYO SHINJUKU					TIP.X TOKYO Ikebukuro				09:00
	Aスタジオ	Bスタジオ	スタジオ	Aスタジオ	Bスタジオ	Cスタジオ	FTF	Aスタジオ	Bスタジオ	Cスタジオ	FTF	HOTLUX	Aスタジオ	Bスタジオ	FTF	
15	[予約]		[予約]				[予約]					[予約]				15
30	[予約]		[予約]				[予約]					[予約]				30
45	[予約]		[予約]				[予約]					[予約]				45
10:00	[予約]		[予約]				[予約]					[予約]				10:00
15	[予約]		[予約]				[予約]					[予約]				15
30	[予約]		[予約]				[予約]					[予約]				30
45	[予約]		[予約]				[予約]					[予約]				45
11:00	[予約]		[予約]				[予約]					[予約]				11:00
15	[予約]		[予約]				[予約]					[予約]				15
30	[予約]		[予約]				[予約]					[予約]				30
45	[予約]		[予約]				[予約]					[予約]				45
12:00	[予約]		[予約]				[予約]					[予約]				12:00
15	[予約]		[予約]				[予約]					[予約]				15
30	[予約]		[予約]				[予約]					[予約]				30
45	[予約]		[予約]				[予約]					[予約]				45
13:00	[予約]		[予約]				[予約]					[予約]				13:00
15	[予約]		[予約]				[予約]					[予約]				15
30	[予約]		[予約]				[予約]					[予約]				30
45	[予約]		[予約]				[予約]					[予約]				45
14:00	[予約]		[予約]				[予約]					[予約]				14:00
15	[予約]		[予約]				[予約]					[予約]				15
30	[予約]		[予約]				[予約]					[予約]				30
45	[予約]		[予約]				[予約]					[予約]				45
15:00	[予約]		[予約]				[予約]					[予約]				15:00
15	[予約]		[予約]				[予約]					[予約]				15
30	[予約]		[予約]				[予約]					[予約]				30
45	[予約]		[予約]				[予約]					[予約]				45
16:00	[予約]		[予約]				[予約]					[予約]				16:00
15	[予約]		[予約]				[予約]					[予約]				15
30	[予約]		[予約]				[予約]					[予約]				30
45	[予約]		[予約]				[予約]					[予約]				45
17:00	[予約]		[予約]				[予約]					[予約]				17:00
15	[予約]		[予約]				[予約]					[予約]				15
30	[予約]		[予約]				[予約]					[予約]				30
45	[予約]		[予約]				[予約]					[予約]				45
18:00	[予約]		[予約]				[予約]					[予約]				18:00
15	[予約]		[予約]				[予約]					[予約]				15
30	[予約]		[予約]				[予約]					[予約]				30
45	[予約]		[予約]				[予約]					[予約]				45
19:00	[予約]		[予約]				[予約]					[予約]				19:00

都合によりスケジュールを変更させていただく場合がございます。 都合によりスケジュールを変更させていただく場合がございます。 代行などのレッスン変更情報、初日スケジュールの最新情報は施設内の掲示版もしくはPC、スマートフォン、モバイルから(TIPPNES)へアクセスしてご確認ください。